

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Cramer Renée

Coaches: Desmet Carl

Coaches: Backs Hubert

Coaches: Nuytten Stefanie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:2, starttime: 08:35	
Heat: 2/5 Lane : 3 Athlete: VANDEKERCKHOVE JULIETTE							Q-time: 04:44:87	
PB (50m pool): 04:44.87 Antwerpen 08/03/2026				PB (25m pool): 04:40.97 SB: 04:44.87 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.30	01:08.24	01:44.60	02:21.28	02:57.62	03:34.13	04:10.61	04:44.87
	00:32.30	00:35.94	00:36.36	00:36.68	00:36.34	00:36.51	00:36.48	00:34.26
								

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:3, starttime: 08:41	
Heat: 3/5 Lane : 4 Athlete: GANTOIS JANNE							Q-time: 04:41:42	
PB (50m pool): 04:41.42 Antwerpen 08/03/2026				PB (25m pool): 04:33.39SB: 04:41.42 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.81	01:05.80	01:40.75	02:16.58	02:52.59	03:29.23	04:05.46	04:41.42
	00:31.81	00:33.99	00:34.95	00:35.83	00:36.01	00:36.64	00:36.23	00:35.96
								

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:4, starttime: 08:46	
Heat: 4/5 Lane : 8 Athlete: DESMET LIEZE							Q-time: 04:40:34	
PB (50m pool): 04:40.34 Antwerp 09/02/2025				PB (25m pool): 04:46.03SB: 04:43.53 Gent 08/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.80	01:07.97	01:43.46	02:19.69	02:55.60	03:31.46	04:06.45	04:40.34
	00:32.80	00:35.17	00:35.49	00:36.23	00:35.91	00:35.86	00:34.99	00:33.89
								

Coach feedback:

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Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:5, starttime: 08:51	
Heat: 5/5 Lane : 2 Athlete: LAMMENS MARY							Q-time: 04:29:37	
PB (50m pool): 04:29.37 Antwerpen 17/05/2026				PB (25m pool): 04:30.28SB: 04:29.37 Antwerpen 17/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.83	01:03.99	01:37.56	02:11.27	02:45.08	03:19.81	03:55.23	04:29.37
	00:30.83	00:33.16	00:33.57	00:33.71	00:33.81	00:34.73	00:35.42	00:34.14
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+										Heat:5, starttime: 09:03	
Heat: 5/12 Lane : 4 Athlete: PIRLET WOUT										Q-time: 01:01:98	
PB (50m pool): 01:01.98 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:03.26 SB: 01:01.98 Zwembad Brigitte Becue 26/04/2026											
	5 0 M		1 0 0 M								
PB	00:28.92		01:01.98								
	00:28.92		00:33.06								
											

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+										Heat:7, starttime: 09:06	
Heat: 7/12 Lane : 5 Athlete: FRANÇOIS WOUT										Q-time: 01:00:85	
PB (50m pool): 01:00.85 Zwembad Brigitte Becue 30/05/2025										PB (25m pool): 01:01.49SB: 01:02.42 Amersfoort 22/02/2026	
	5 0 M		1 0 0 M								
PB	00:28.76		01:00.85								
	00:28.76		00:32.09								
											

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+										Heat:2, starttime: 09:17	
Heat: 2/16 Lane : 5 Athlete: LINSKENS ELLOISE										Q-time: 00:34:93	
PB (50m pool): 00:34.93 Brugge 14/02/2026					PB (25m pool): 00:34.94 SB: 00:34.93 Brugge 14/02/2026						
	5 0 M										
PB	00:34.93										
	00:34.93										
											

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 3: 50M BACKSTROKE WOMEN 15+										Heat:7, starttime: 09:25	
Heat: 7/16 Lane : 2 Athlete: DARRAS NINA									Q-time: 00:33:96		
PB (50m pool): 00:33.96 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:34.16 SB: 00:33.96 Zwembad Brigitte Becue 26/04/2026											
	5 0 M										
PB	00:33.96										
	00:33.96										
											

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+										Heat:16, starttime: 09:39																			
Heat: 16/16 Lane : 6 Athlete: DE BRUYCKER CHLOë																				Q-time: 00:30:96									
PB (50m pool): 00:30.96 Zwembad Brigitte Becue 26/04/2026																				PB (25m pool): 00:30.36 SB: 00:30.96 Zwembad Brigitte Becue 26/04/2026									
	5 0 M																												
PB	00:30.96																												
	00:30.96																												
																													

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:5, starttime: 10:03										
Heat: 5/5 Lane : 1 Athlete: VANDEKERCKHOVE JEROME							Q-time: 04:54:14										
PB (50m pool): 04:54.14 Antwerpen 08/03/2026									PB (25m pool): 05:17.22 SB: 04:54.14 Antwerpen 08/03/2026								
	5 0 M		1 0 0 M		1 5 0 M		2 0 0 M		2 5 0 M		3 0 0 M		3 5 0 M		4 0 0 M		
PB	00:29.73		01:04.76		01:43.93		02:21.99		03:04.92		03:47.86		04:22.09		04:54.14		
	00:29.73		00:35.03		00:39.17		00:38.06		00:42.93		00:42.94		00:34.23		00:32.05		
																	

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:3, starttime: 10:16	
Heat: 3/9 Lane : 7 Athlete: ANDRIES FEBE					Q-time: 02:57:46	
PB (50m pool): 02:54.92 Antwerpen 28/07/2024					PB (25m pool): 02:50.99 SB: 02:57.66 Kortrijk 26/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	02:54.92		
	no time					
						

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 15+					Heat:8, starttime: 11:04
Heat: 8/10 Lane : 3 Athlete: THONON MATISSE					Q-time: 02:12:61
PB (50m pool): 02:12.61 Antwerpen 08/03/2026					PB (25m pool): 02:09.88 SB: 02:12.61 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.93	01:04.34	01:39.65	02:12.61	
	00:30.93	00:33.41	00:35.31	00:32.96	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:8, starttime: 11:04
Heat: 8/10 Lane : 7 Athlete: KINDT LIAM					Q-time: 02:16:86
PB (50m pool): 02:16.86 Antwerpen 22/03/2026					PB (25m pool): 02:11.15 SB: 02:16.86 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.31	01:06.53	01:41.64	02:16.86	
	00:31.31	00:35.22	00:35.11	00:35.22	
					

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:1, starttime: 11:14
Heat: 1/4 Lane : 4 Athlete: LINSKENS ELLOISE					Q-time: 02:37:95
PB (50m pool): 02:37.95 Antwerpen 22/03/2026					PB (25m pool): no time SB: 02:37.95 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.76	01:13.50	01:55.33	02:37.95	
	00:33.76	00:39.74	00:41.83	00:42.62	
					

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:3, starttime: 11:21
Heat: 3/4 Lane : 4 Athlete: LAMMENS MARY					Q-time: 02:23:08
PB (50m pool): 02:23.08 Amersfoort 22/02/2026					PB (25m pool): 02:37.89 SB: 02:23.08 Amersfoort 22/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.38	01:05.37	01:43.17	02:23.08	
	00:30.38	00:34.99	00:37.80	00:39.91	
					

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:3, starttime: 11:21
Heat: 3/4 Lane : 5 Athlete: DE BRUYCKER CHLOë					Q-time: 02:24:32
PB (50m pool): 02:24.32 Antwerpen 20/07/2025					PB (25m pool): 02:19.22 SB: 02:25.82 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.42	01:10.03	01:48.50	02:24.32	
	00:32.42	00:37.61	00:38.47	00:35.82	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:8, starttime: 11:39
Heat: 8/12 Lane : 4 Athlete: FRANÇOIS WOUT					Q-time: 01:10:20
PB (50m pool): 01:10.20 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 01:08.95 SB: 01:11.49 Amersfoort 22/02/2026
	5 0 M	1 0 0 M			
PB	00:32.60	01:10.20			
	00:32.60	00:37.60			
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:12, starttime: 11:46
Heat: 12/12 Lane : 4 Athlete: HUYGHELIER LOEK					Q-time: 01:02:43
PB (50m pool): 01:02.43 Antwerpen 22/03/2026					PB (25m pool): 00:59.85 SB: 01:02.43 Antwerpen 22/03/2026
	5 0 M	1 0 0 M			
PB	00:28.66	01:02.43			
	00:28.66	00:33.77			
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:4, starttime: 11:51
Heat: 4/13 Lane : 4 Athlete: VANDEKERCKHOVE JULIETTE					Q-time: 00:28:71
PB (50m pool): 00:28.71 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 00:30.37 SB: 00:28.71 Zwembad Brigitte Becue 26/04/2026
	5 0 M				
PB	00:28.71				
	00:28.71				
					

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 9: 50M FREESTYLE WOMEN 15+							Heat:4, starttime: 11:51		
Heat: 4/13 Lane : 5 Athlete: DARRAS NINA							Q-time: 00:28:74		
PB (50m pool): 00:28.74 Brugge 14/02/2026							PB (25m pool): 00:28.32 SB: 00:28.74 Brugge 14/02/2026		
	5 0 M								
PB	00:28.74								
	00:28.74								
									

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:11, starttime: 11:58																													
Heat: 11/13																				Lane : 2					Athlete: DESMET LIEZE										Q-time: 00:27:24				
PB (50m pool): 00:27.24										Antwerpen					08/03/2026					PB (25m pool): 00:27.16 SB: 00:27.24										Antwerpen					08/03/2026				
		5 0 M																																					
PB		00:27.24																																					
		00:27.24																																					
																																							

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:13, starttime: 12:00																													
Heat: 13/13																				Lane : 3					Athlete: GANTOIS JANNE										Q-time: 00:26:93				
PB (50m pool): 00:26.93										Antwerpen 17/05/2026										PB (25m pool): 00:27.86										SB: 00:26.93					Antwerpen 17/05/2026				
	5 0 M																																						
PB	00:26.93																																						
	00:26.93																																						
																																							

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:2, starttime: 12:02																																		
Heat: 2/15																				Lane : 6					Athlete: KINDT LIAM										Q-time: 00:26:42									
PB (50m pool): 00:26.42										Zwembad Brigitte Becue 26/04/2026										PB (25m pool): 00:25.90										SB: 00:26.42					Zwembad Brigitte Becue 26/04/2026									
	5 0 M																																											
PB	00:26.42																																											
	00:26.42																																											
																																												

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 10: 50M FREESTYLE MEN 15+										Heat:3, starttime: 12:03	
Heat: 3/15 Lane : 7 Athlete: THONON MATISSE										Q-time: 00:26:31	
PB (50m pool): 00:26.31 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:26.37 SB: 00:26.31 Zwembad Brigitte Becue 26/04/2026											
	5 0 M										
PB	00:26.31										
	00:26.31										
											

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+						Heat:4, starttime: 12:32		
Heat: 4/5 Lane : 8 Athlete: TEAM TZT 1						Q-time: 04:26:65		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+						Heat:5, starttime: 12:37		
Heat: 5/5 Lane : 1 Athlete: TEAM TZT 2						Q-time: 04:13:72		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: